| WK | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | 2030 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1-Jan | 7-Jan | 6-Jan | 4-Jan | 3-Jan | 2-Jan | 1-Jan | 6-Jan | 5-Jan |
| 2 | 8-Jan | 14-Jan | 13-Jan | 11-Jan | 10-Jan | 9-Jan | 8-Jan | 13-Jan | 12-Jan |
| 3 | 15-Jan | 21-Jan | 20-Jan | 18-Jan | 17-Jan | 16-Jan | 15-Jan | 20-Jan | 19-Jan |
| 4 | 22-Jan | 28-Jan | 27-Jan | 25-Jan | 24-Jan | 23-Jan | 22-Jan | 27-Jan | 26-Jan |
| 5 | 29-Jan | 4-Feb | 3-Feb | 1-Feb | 31-Jan | 30-Jan | 29-Jan | 3-Feb | 2-Feb |
| 6 | 5-Feb | 11-Feb | 10-Feb | 8-Feb | 7-Feb | 6-Feb | 5-Feb | 10-Feb | 9-Feb |
| 7 | 12-Feb | 18-Feb | 17-Feb | 15-Feb | 14-Feb | 13-Feb | 12-Feb | 17-Feb | 16-Feb |
| 8 | 19-Feb | 25-Feb | 24-Feb | 22-Feb | 21-Feb | 20-Feb | 19-Feb | 24-Feb | 23-Feb |
| 9 | 26-Feb | 4-Mar | 2-Mar | 1-Mar | 28-Feb | 27-Feb | 26-Feb | 3-Mar | 2-Mar |
| 10 | 5-Mar | 11-Mar | 9-Mar | 8-Mar | 7-Mar | 6-Mar | 4-Mar | 10-Mar | 9-Mar |
| 11 | 12-Mar | 18-Mar | 16-Mar | 15-Mar | 14-Mar | 13-Mar | 11-Mar | 17-Mar | 16-Mar |
| 12 | 19-Mar | 25-Mar | 23-Mar | 22-Mar | 21-Mar | 20-Mar | 18-Mar | 24-Mar | 23-Mar |
| 13 | 26-Mar | 1-Apr | 30-Mar | 29-Mar | 28-Mar | 27-Mar | 25-Mar | 31-Mar | 30-Mar |
| 14 | 2-Apr | 8-Apr | 6-Apr | 5-Apr | 4-Apr | 3-Apr | 1-Apr | 7-Apr | 6-Apr |
| 15 | 9-Apr | 15-Apr | 13-Apr | 12-Apr | 11-Apr | 10-Apr | 8-Apr | 14-Apr | 13-Apr |
| 16 | 16-Apr | 22-Apr | 20-Apr | 19-Apr | 18-Apr | 17-Apr | 15-Apr | 21-Apr | 20-Apr |
| 17 | 23-Apr | 29-Apr | 27-Apr | 26-Apr | 25-Apr | 24-Apr | 22-Apr | 28-Apr | 27-Apr |
| 18 | 30-Apr | 6-May | 4-May | 3-May | 2-May | 1-May | 29-Apr | 5-May | 4-May |
| 19 | 7-May | 13-May | 11-May | 10-May | 9-May | 8-May | 6-May | 12-May | 11-May |
| 20 | 14-May | 20-May | 18-May | 17-May | 16-May | 15-May | 13-May | 19-May | 18-May |
| 21 | 21-May | 27-May | 25-May | 24-May | 23-May | 22-May | 20-May | 26-May | 25-May |
| 22 | 28-May | 3-Jun | 1-Jun | 31-May | 30-May | 29-May | 27-May | 2-Jun | 1-Jun |
| 23 | 4-Jun | 10-Jun | 8-Jun | 7-Jun | 6-Jun | 5-Jun | 3-Jun | 9-Jun | 8-Jun |
| 24 | 11-Jun | 17-Jun | 15-Jun | 14-Jun | 13-Jun | 12-Jun | 10-Jun | 16-Jun | 15-Jun |
| 25 | 18-Jun | 24-Jun | 22-Jun | 21-Jun | 20-Jun | 19-Jun | 17-Jun | 23-Jun | 22-Jun |
| 26 | 25-Jun | 1-Jul | 29-Jun | 28-Jun | 27-Jun | 26-Jun | 24-Jun | 30-Jun | 29-Jun |
| 27 | 2-Jul | 8-Jul | 6-Jul | 5-Jul | 4-Jul | 3-Jul | 1-Jul | 7-Jul | 6-Jul |
| 28 | 9-Jul | 15-Jul | 13-Jul | 12-Jul | 11-Jul | 10-Jul | 8-Jul | 14-Jul | 13-Jul |
| 29 | 16-Jul | 22-Jul | 20-Jul | 19-Jul | 18-Jul | 17-Jul | 15-Jul | 21-Jul | 20-Jul |
| 30 | 23-Jul | 29-Jul | 27-Jul | 26-Jul | 25-Jul | 24-Jul | 22-Jul | 28-Jul | 27-Jul |
| 31 | 30-Jul | 5-Aug | 3-Aug | 2-Aug | 1-Aug | 31-Jul | 29-Jul | 4-Aug | 3-Aug |
| 32 | 6-Aug | 12-Aug | 10-Aug | 9-Aug | 8-Aug | 7-Aug | 5-Aug | 11-Aug | 10-Aug |
| 33 | 13-Aug | 19-Aug | 17-Aug | 16-Aug | 15-Aug | 14-Aug | 12-Aug | 18-Aug | 17-Aug |
| 34 | 20-Aug | 26-Aug | 24-Aug | 23-Aug | 22-Aug | 21-Aug | 19-Aug | 25-Aug | 24-Aug |
| 35 | 27-Aug | 2-Sep | 31-Aug | 30-Aug | 29-Aug | 28-Aug | 26-Aug | 1-Sep | 31-Aug |
| 36 | 3-Sep | 9-Sep | 7-Sep | 6-Sep | 5-Sep | 4-Sep | 2-Sep | 8-Sep | 7-Sep |
| 37 | 10-Sep | 16-Sep | 14-Sep | 13-Sep | 12-Sep | 11-Sep | 9-Sep | 15-Sep | 14-Sep |
| 38 | 17-Sep | 23-Sep | 21-Sep | 20-Sep | 19-Sep | 18-Sep | 16-Sep | 22-Sep | 21-Sep |
| 39 | 24-Sep | 30-Sep | 28-Sep | 27-Sep | 26-Sep | 25-Sep | 23-Sep | 29-Sep | 28-Sep |
| 40 | 1-Oct | 7-Oct | 5-Oct | 4-Oct | 3-Oct | 2-Oct | 30-Sep | 6-Oct | 5-Oct |
| 41 | 8-Oct | 14-Oct | 12-Oct | 11-Oct | 10-Oct | 9-Oct | 7-Oct | 13-Oct | 12-Oct |
| 42 | 15-Oct | 21-Oct | 19-Oct | 18-Oct | 17-Oct | 16-Oct | 14-Oct | 20-Oct | 19-Oct |
| 43 | 22-Oct | 28-Oct | 26-Oct | 25-Oct | 24-Oct | 23-Oct | 21-Oct | 27-Oct | 26-Oct |
| 44 | 29-Oct | 4-Nov | 2-Nov | 1-Nov | 31-Oct | 30-Oct | 28-Oct | 3-Nov | 2-Nov |
| 45 | 5-Nov | 11-Nov | 9-Nov | 8-Nov | 7-Nov | 6-Nov | 4-Nov | 10-Nov | 9-Nov |
| 46 | 12-Nov | 18-Nov | 16-Nov | 15-Nov | 14-Nov | 13-Nov | 11-Nov | 17-Nov | 16-Nov |
| 47 | 19-Nov | 25-Nov | 23-Nov | 22-Nov | 21-Nov | 20-Nov | 18-Nov | 24-Nov | 23-Nov |
| 48 | 26-Nov | 2-Dec | 30-Nov | 29-Nov | 28-Nov | 27-Nov | 25-Nov | 1-Dec | 30-Nov |
| 49 | 3-Dec | 9-Dec | 7-Dec | 6-Dec | 5-Dec | 4-Dec | 2-Dec | 8-Dec | 7-Dec |
| 50 | 10-Dec | 16-Dec | 14-Dec | 13-Dec | 12-Dec | 11-Dec | 9-Dec | 15-Dec | 14-Dec |
| 51 | 17-Dec | 23-Dec | 21-Dec | 20-Dec | 19-Dec | 18-Dec | 16-Dec | 22-Dec | 21-Dec |
| 52 | 24-Dec | 30-Dec | 28-Dec | 27-Dec | 26-Dec | 25-Dec | 23-Dec | 29-Dec | 28-Dec |
| 53 | 31-Dec |  |  |  |  |  | 30-Dec |  |  |


| WK | 2031 | 2032 | 2033 | 2034 | 2035 | 2036 | 2037 | 2038 | 2039 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 4-Jan | 3-Jan | 1-Jan | 7-Jan | 6-Jan | 5-Jan | 3-Jan | 2-Jan | 1-Jan |
| 2 | 11-Jan | 10-Jan | 8-Jan | 14-Jan | 13-Jan | 12-Jan | 10-Jan | 9-Jan | 8-Jan |
| 3 | 18-Jan | 17-Jan | 15-Jan | 21-Jan | 20-Jan | 19-Jan | 17-Jan | 16-Jan | 15-Jan |
| 4 | 25-Jan | 24-Jan | 22-Jan | 28-Jan | 27-Jan | 26-Jan | 24-Jan | 23-Jan | 22-Jan |
| 5 | 1-Feb | 31-Jan | 29-Jan | 4-Feb | 3-Feb | 2-Feb | 31-Jan | 30-Jan | 29-Jan |
| 6 | 8-Feb | 7-Feb | 5-Feb | 11-Feb | 10-Feb | 9-Feb | 7-Feb | 6-Feb | 5-Feb |
| 7 | 15-Feb | 14-Feb | 12-Feb | 18-Feb | 17-Feb | 16-Feb | 14-Feb | 13-Feb | 12-Feb |
| 8 | 22-Feb | 21-Feb | 19-Feb | 25-Feb | 24-Feb | 23-Feb | 21-Feb | 20-Feb | 19-Feb |
| 9 | 1-Mar | 28-Feb | 26-Feb | 4-Mar | 3-Mar | 1-Mar | 28-Feb | 27-Feb | 26-Feb |
| 10 | 8-Mar | 6-Mar | 5-Mar | 11-Mar | 10-Mar | 8-Mar | 7-Mar | 6-Mar | 5-Mar |
| 11 | 15-Mar | 13-Mar | 12-Mar | 18-Mar | 17-Mar | 15-Mar | 14-Mar | 13-Mar | 12-Mar |
| 12 | 22-Mar | 20-Mar | 19-Mar | 25-Mar | 24-Mar | 22-Mar | 21-Mar | 20-Mar | 19-Mar |
| 13 | 29-Mar | 27-Mar | 26-Mar | 1-Apr | 31-Mar | 29-Mar | 28-Mar | 27-Mar | 26-Mar |
| 14 | 5-Apr | 3-Apr | 2-Apr | 8-Apr | 7-Apr | 5-Apr | 4-Apr | 3-Apr | 2-Apr |
| 15 | 12-Apr | 10-Apr | 9-Apr | 15-Apr | 14-Apr | 12-Apr | 11-Apr | 10-Apr | 9-Apr |
| 16 | 19-Apr | 17-Apr | 16-Apr | 22-Apr | 21-Apr | 19-Apr | 18-Apr | 17-Apr | 16-Apr |
| 17 | 26-Apr | 24-Apr | 23-Apr | 29-Apr | 28-Apr | 26-Apr | 25-Apr | 24-Apr | 23-Apr |
| 18 | 3-May | 1-May | 30-Apr | 6-May | 5-May | 3-May | 2-May | 1-May | 30-Apr |
| 19 | 10-May | 8-May | 7-May | 13-May | 12-May | 10-May | 9-May | 8-May | 7-May |
| 20 | 17-May | 15-May | 14-May | 20-May | 19-May | 17-May | 16-May | 15-May | 14-May |
| 21 | 24-May | 22-May | 21-May | 27-May | 26-May | 24-May | 23-May | 22-May | 21-May |
| 22 | 31-May | 29-May | 28-May | 3-Jun | 2-Jun | 31-May | 30-May | 29-May | 28-May |
| 23 | 7-Jun | 5-Jun | 4-Jun | 10-Jun | 9-Jun | 7-Jun | 6-Jun | 5-Jun | 4-Jun |
| 24 | 14-Jun | 12-Jun | 11-Jun | 17-Jun | 16-Jun | 14-Jun | 13-Jun | 12-Jun | 11-Jun |
| 25 | 21-Jun | 19-Jun | 18-Jun | 24-Jun | 23-Jun | 21-Jun | 20-Jun | 19-Jun | 18-Jun |
| 26 | 28-Jun | 26-Jun | 25-Jun | 1-Jul | 30-Jun | 28-Jun | 27-Jun | 26-Jun | 25-Jun |
| 27 | 5-Jul | 3-Jul | 2-Jul | 8-Jul | 7-Jul | 5-Jul | 4-Jul | 3-Jul | 2-Jul |
| 28 | 12-Jul | 10-Jul | 9-Jul | 15-Jul | 14-Jul | 12-Jul | 11-Jul | 10-Jul | 9-Jul |
| 29 | 19-Jul | 17-Jul | 16-Jul | 22-Jul | 21-Jul | 19-Jul | 18-Jul | 17-Jul | 16-Jul |
| 30 | 26-Jul | 24-Jul | 23-Jul | 29-Jul | 28-Jul | 26-Jul | 25-Jul | 24-Jul | 23-Jul |
| 31 | 2-Aug | 31-Jul | 30-Jul | 5-Aug | 4-Aug | 2-Aug | 1-Aug | 31-Jul | 30-Jul |
| 32 | 9-Aug | 7-Aug | 6-Aug | 12-Aug | 11-Aug | 9-Aug | 8-Aug | 7-Aug | 6-Aug |
| 33 | 16-Aug | 14-Aug | 13-Aug | 19-Aug | 18-Aug | 16-Aug | 15-Aug | 14-Aug | 13-Aug |
| 34 | 23-Aug | 21-Aug | 20-Aug | 26-Aug | 25-Aug | 23-Aug | 22-Aug | 21-Aug | 20-Aug |
| 35 | 30-Aug | 28-Aug | 27-Aug | 2-Sep | 1-Sep | 30-Aug | 29-Aug | 28-Aug | 27-Aug |
| 36 | 6-Sep | 4-Sep | 3-Sep | 9-Sep | 8-Sep | 6-Sep | 5-Sep | 4-Sep | 3-Sep |
| 37 | 13-Sep | 11-Sep | 10-Sep | 16-Sep | 15-Sep | 13-Sep | 12-Sep | 11-Sep | 10-Sep |
| 38 | 20-Sep | 18-Sep | 17-Sep | 23-Sep | 22-Sep | 20-Sep | 19-Sep | 18-Sep | 17-Sep |
| 39 | 27-Sep | 25-Sep | 24-Sep | 30-Sep | 29-Sep | 27-Sep | 26-Sep | 25-Sep | 24-Sep |
| 40 | 4-Oct | 2-Oct | 1-Oct | 7-Oct | 6-Oct | 4-Oct | 3-Oct | 2-Oct | 1-Oct |
| 41 | 11-Oct | 9-Oct | 8-Oct | 14-Oct | 13-Oct | 11-Oct | 10-Oct | 9-Oct | 8-Oct |
| 42 | 18-Oct | 16-Oct | 15-Oct | 21-Oct | 20-Oct | 18-Oct | 17-Oct | 16-Oct | 15-Oct |
| 43 | 25-Oct | 23-Oct | 22-Oct | 28-Oct | 27-Oct | 25-Oct | 24-Oct | 23-Oct | 22-Oct |
| 44 | 1-Nov | 30-Oct | 29-Oct | 4-Nov | 3-Nov | 1-Nov | 31-Oct | 30-Oct | 29-Oct |
| 45 | 8-Nov | 6-Nov | 5-Nov | 11-Nov | 10-Nov | 8-Nov | 7-Nov | 6-Nov | 5-Nov |
| 46 | 15-Nov | 13-Nov | 12-Nov | 18-Nov | 17-Nov | 15-Nov | 14-Nov | 13-Nov | 12-Nov |
| 47 | 22-Nov | 20-Nov | 19-Nov | 25-Nov | 24-Nov | 22-Nov | 21-Nov | 20-Nov | 19-Nov |
| 48 | 29-Nov | 27-Nov | 26-Nov | 2-Dec | 1-Dec | 29-Nov | 28-Nov | 27-Nov | 26-Nov |
| 49 | 6-Dec | 4-Dec | 3-Dec | 9-Dec | 8-Dec | 6-Dec | 5-Dec | 4-Dec | 3-Dec |
| 50 | 13-Dec | 11-Dec | 10-Dec | 16-Dec | 15-Dec | 13-Dec | 12-Dec | 11-Dec | 10-Dec |
| 51 | 20-Dec | 18-Dec | 17-Dec | 23-Dec | 22-Dec | 20-Dec | 19-Dec | 18-Dec | 17-Dec |
| 52 | 27-Dec | 25-Dec | 24-Dec | 30-Dec | 29-Dec | 27-Dec | 26-Dec | 25-Dec | 24-Dec |
| 53 |  |  | 31-Dec |  |  |  |  |  | 31-Dec |

